How to Use Chopsticks 101

Step 1
Place 1 chopstick and rest it between your thumb and third finger.

Step 2
Pick up a 2nd chopstick and hold it with your thumb and 1st & 2nd fingers (like gripping a pencil).

BECOME A PRO

Step 3
Move the 2nd chopstick up and down with your thumb and 1st & 2nd fingers (chopstick 1 never moves).

Step 4
Using the motion in step 3, pick something up with the chopsticks.

© Chopstick Chronicles 2015